

YOUR SAFETY IS OUR PRIORITY



STAY INFORMED

Butte County Public Health
[Buttecounty.net/publichealth](https://buttecounty.net/publichealth)

California Department of Public Health
cdph.ca.gov

Centers for Disease Control and Prevention
CDC.gov/coronavirus

INSPIRE CARES

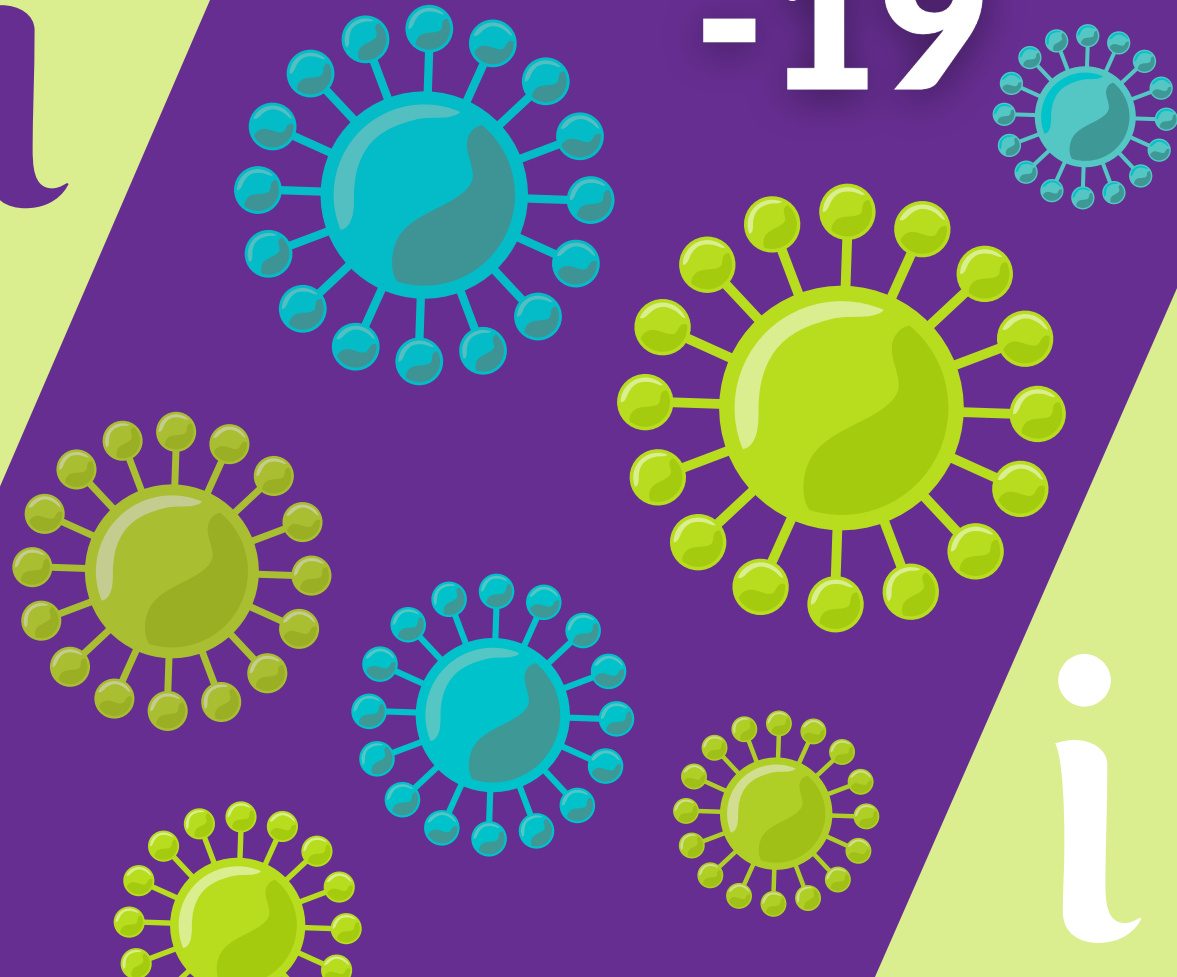
We are in constant contact with Butte County Public Health regarding this pandemic. We promise to rapidly implement new guidelines as they are communicated.



INSPIRE
SCHOOL OF ARTS & SCIENCES

Working together to fight

COVID -19



COVID-19 SCREENING TOOL

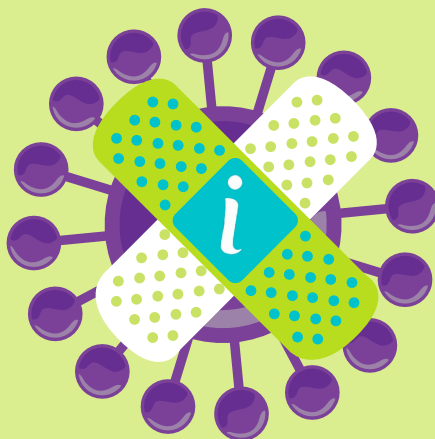


- Have you been in contact with someone known to have coronavirus (COVID-19)?
 - **Seek guidance from public health regarding self quarantine. Notify Inspire if applicable.**
- Have you been told by a public health official that you may have been exposed to coronavirus (COVID-19)?
 - **Follow guidance given by public health. NOTIFY INSPIRE as soon as possible.**

COVID-19 SYMPTOMS

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- FatigueMuscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

(Please see CDC website for updated list of symptoms. We are learning more and more about this virus each day.)



HOW INSPIRE IS HELPING

- Teaching/encouraging proper hand washing technique.
- Teaching/encouraging effective coughing and sneeze technique.
- Posting signs around campus as a visual reminder.
- Encouraging staff and students to remain home when ill.
- Keeping in contact with BCPH to determine if there is any exposure at the school.
- Teacher checks students temperature at door with thermometer.
- Requiring students and teachers to wear masks.
- One-way traffic in classrooms and on campus.
- Hands-free restroom doors, faucets and towels.
- Hand sanitizer station in rooms.
- Chairs stay on the floor until Friday.
- Teachers wipe down tables and desks at the end of each period, even at the end of the day.
- Decluttering of rooms when possible.
- Windows and doors to remain open when possible

HERE IS HOW YOU CAN HELP.

STUDENTS

- Washing hands with soap and water as often as possible. Using hand sanitizer each time you enter a room.
- Cough or sneeze into your sleeve or a tissue.
- Keeping 6 feet of distance between you and other students.
- Not sharing food or drink.
- Wearing a mask, as required per BCPH guidelines.

PARENTS

- Encouraging proper hand, sneeze, and cough techniques at home.
- Consulting health care provider when COVID-19 symptoms begin.
- **Keeping your child home when ill.**
- Encouraging your child to wear a mask, as required per BCPH guidelines.
- Pick up your child **IMMEDIATELY** if symptoms begin at school.